

AYSO – Region 13

Kicks from the Penalty Mark Procedure

Kicks from the Penalty Mark (“KFTPM”):

- Referee to choose goal to be used unless one is designated.
- Only players on the field at the end of play are eligible to participate. Players should not leave the field. However, if team numbers are unbalanced, then reduce to equate (teams must have same number of players participating in KFTPM; if a team has lost a player (send-off, injury, etc) the other team must “reduce to equate”). Coach and/or team captain determine which players to reduce and the order of players taking kicks.
- Coin toss – winner can choose to kick 1st or 2nd.
- Five (5) kicks per team, alternating teams. Team with the most goals wins. Mathematically, five (5) kicks may not be required.
- If at the end of the first five kicks (per team) the number of goals scored is tied, then go to head-to-head competition: the remaining eligible players kick, alternating teams until one team has a one-goal lead with equal number of attempts.
- If all eligible players have kicked, all eligible players attempt a second kick, alternating teams. The order of players does not have to remain the same, but no player may kick again until all eligible players have kicked.
- This process continues to third, etc., rounds until outcome is determined.

KFTPM General Information:

- All players (except Goal Keeper) wait in their half of the center circle. U10 coaches may be allowed on the field in the center circle with their teams. In U12 and U14, the coaches identify the kicking sequence with their team near the touchline (players on the field) and then the coaches move to the technical area and remain there during KFTPM.
- Goal Keeper for opposing team waits on goal line behind Second Assistant Referee.
- Substitution policy: Players cannot be substituted before or during KFTPM, with the exception of a Goal Keeper injured at the end of the match or during KFTPM.
- If, during KFTPM a player (other than the Goal Keeper) becomes ineligible (injury, misconduct), the player cannot be replaced and the opposing team is not required to reduce to equate.
- First Assistant Referee tracks order of eligible players; maintains backup count of goals.
- Second Assistant Referee, positioned on goal line at intersection of penalty area, observes Goal Keeper movement and watches for infractions.
- Center Referee signals for kicks, maintains count of goals and backup list of kickers and order.

NOTES:

- If the player taking the penalty kick infringes the Laws and the ball enters the goal, the kick is retaken. If the ball does NOT enter the goal, the kick is NOT retaken.
- If the goalkeeper infringes the Laws and the ball enters the goal, a goal is awarded. If the ball does NOT enter the goal, the kick is retaken.